

Parent & Child Activity Calendar

Elementary School

Desert Star School



THE PARENT INSTITUTE®

Parent & Child Activity Calendar

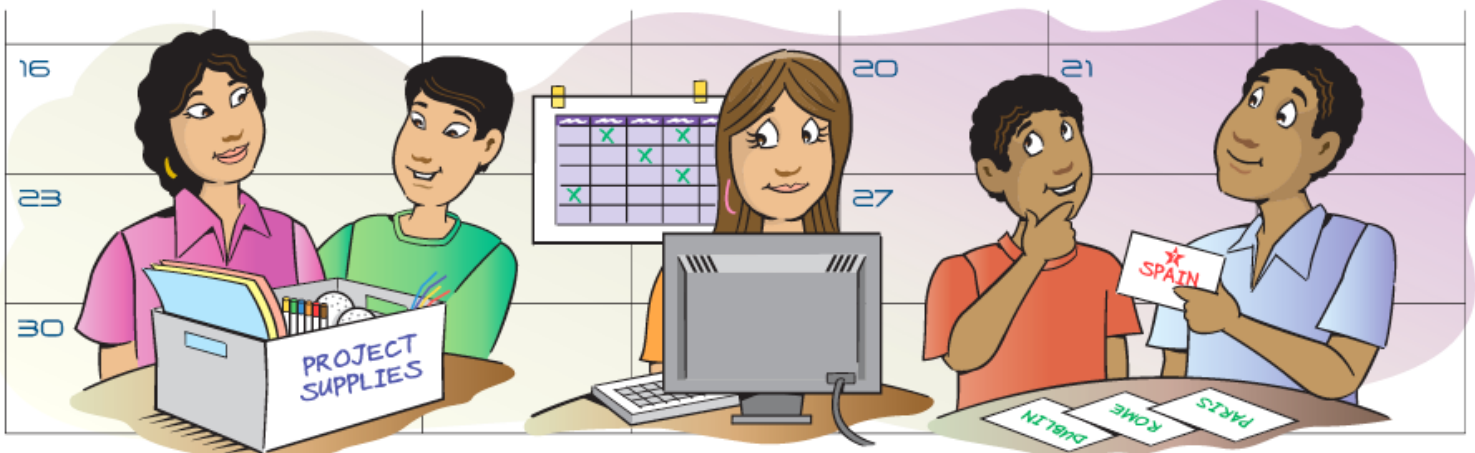
Elementary School
Parents
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 2015				1 With your child, keep a record of the moon this month. Look at the moon every night and draw what it looks like.	2 When your child is unsuccessful, try asking, "How would you do it differently next time?"	3 Set aside some time to spend one-on-one with your child today.
4 Turn chores into a game. Assign each chore a number and have your child roll a die to see which one she gets.	5 Read a textbook assignment with your child. Then ask your child to tell you about it in his own words.	6 Write a note of encouragement and tuck it in your child's lunch box or in a school book.	7 Think about the rules you have for your child. Are they appropriate for her age?	8 Today is the anniversary of the Great Chicago Fire. Develop a family plan in case of a fire in your home.	9 Make up trivia questions about your family. Quiz one another at the dinner table.	10 Challenge family members to write, eat or do other activities with the hand they don't favor.
11 Set aside time every day for reading aloud. Sometimes, let your child read to you.	12 Pick a category. Ask your child to pick a letter. How many items from the category begin with that letter?	13 If you haven't met your child's teacher yet, plan to do so. Talk about your visit with your child.	14 Have a family geography quiz. Someone names a city, state or river. The next person has to locate it on a map or globe.	15 How many words can you and your child make from the letters in the word OCTOBER?	16 Watch the news on TV with your child. Find a newspaper article on one of the stories and compare the two.	17 Today, have your child keep track of everything he eats. What one change would make his diet more nutritious?
18 Let your child plan dinner tonight. How many food groups can she include?	19 Play Alphabet Mixup. Choose a word and put the letters in alphabetical order. Can your child figure out the word?	20 Ask your child to calculate the average age of your family members. Add up ages and then divide by number of people.	21 If your child could be a famous person in history, who would he want to be? Why?	22 Let your child see you keep your temper when you are angry. Instead of yelling, calmly talk about how you feel.	23 Tonight at dinner, put a price on each item you serve. Have your child figure out the total cost of the meal.	24 Have your child use the Internet to research events that occurred on the day she was born.
25 Make a leaf rubbing. Place a leaf on newspaper. Cover with thin paper and have your child rub with a crayon.	26 Talk with your child about a choice you've made and about the consequences of that choice.	27 It's Theodore Roosevelt's birthday. Look up facts about this president and protector of the environment.	28 Have your child read to you as you're cleaning up after supper. Or read to your child as he cleans up!	29 Find pictures of people. Ask your child to write funny captions about what they are thinking or doing.	30 Let your child invite a friend over. Pop some popcorn or make ice cream sundaes.	31 Play a game of charades with your child. Use hand gestures and motions to act out your word.

Parent Pointers

Calendar

Desert Star School



THE PARENT INSTITUTE®

Parent Pointers Calendar

Middle School Parents *still make the difference!*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 2015						
4 Test observation skills with your child. Challenge each other to describe someone you just passed on the street.	5 Learn about special events at the school. Make plans to attend at least one this month.	6 Read a textbook assignment with your child. Then ask him to tell you about it in his own words.	7 Don't label your child (Sue is the shy one). Kids tend to live up to roles cast for them by their parents.	8 Tell your child that you believe he can succeed. He'll be more likely to do so.	9 Suggest that your child write a descriptive story that includes lots of details.	10 Is your child's room messy? Set the timer for a 15-minute pick-up blitz before she gets together with friends.
11 If your child doesn't know how to do laundry, teach him. Competence makes kids feel good.	12 Encourage your child to read the newspaper every day this week. Have him choose a cover story to discuss.	13 Write your child's name vertically. Have her use each letter to begin a line of a poem about herself.	14 The next time your child misbehaves, use a consequence that teaches rather than punishes.	15 Think of synonyms for words with your child. For example, a synonym for <i>talk</i> is <i>converse</i> .	16 When you watch TV, ask your child questions: "Did that person make a good decision?" "What would you have done?"	17 With your child, rake leaves or pick up trash around your neighborhood to make it look nice.
18 Bake cookies with your child. If you're doubling a recipe, have him do the math.	19 Help your child set priorities when studying. Which assignment is most important? Due first? Most difficult?	20 When you are having a conversation, don't talk more than 30 seconds at a time before letting your child have a turn.	21 Limit interruptions during your child's homework time. Snack breaks are okay, though.	22 Respect your child's privacy. It boosts self-esteem and leads to "taking control" and doing better in school.	23 Help your child open a bank account. Explain how to keep track of deposits and withdrawals.	24 Before your child buys something, encourage her to compare prices and return policies.
25 Enjoy some outdoor physical activity as a family today.	26 Make a television viewing schedule for the week. Help each other stick to it.	27 Teach your child to ask <i>who, what, when, where, why</i> and <i>how</i> when doing research.	28 Just for fun, serve a "backwards dinner." Eat dessert first.	29 Eliminate drinks with caffeine at night. They can deprive your child of needed sleep.	30 Ask your child to plan and schedule a fun family night.	31 Practice your child's favorite sport with him. Playing sports can improve kids' self-esteem.