

# Parent & Child Activity Calendar

## Elementary School

Desert Star School



THE PARENT INSTITUTE®

### Parent & Child Activity Calendar

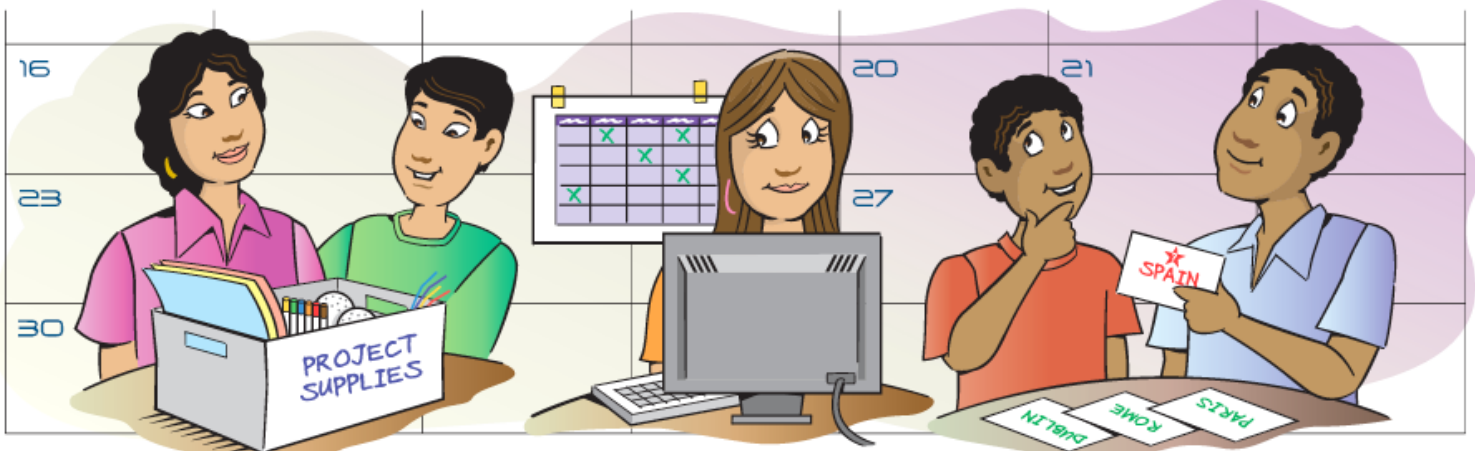
Elementary School  
**Parents**  
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>October 2015</b>				<b>1</b> With your child, keep a record of the moon this month. Look at the moon every night and draw what it looks like.	<b>2</b> When your child is unsuccessful, try asking, "How would you do it differently next time?"	<b>3</b> Set aside some time to spend one-on-one with your child today.
<b>4</b> Turn chores into a game. Assign each chore a number and have your child roll a die to see which one she gets.	<b>5</b> Read a textbook assignment with your child. Then ask your child to tell you about it in his own words.	<b>6</b> Write a note of encouragement and tuck it in your child's lunch box or in a school book.	<b>7</b> Think about the rules you have for your child. Are they appropriate for her age?	<b>8</b> Today is the anniversary of the Great Chicago Fire. Develop a family plan in case of a fire in your home.	<b>9</b> Make up trivia questions about your family. Quiz one another at the dinner table.	<b>10</b> Challenge family members to write, eat or do other activities with the hand they don't favor.
<b>11</b> Set aside time every day for reading aloud. Sometimes, let your child read to you.	<b>12</b> Pick a category. Ask your child to pick a letter. How many items from the category begin with that letter?	<b>13</b> If you haven't met your child's teacher yet, plan to do so. Talk about your visit with your child.	<b>14</b> Have a family geography quiz. Someone names a city, state or river. The next person has to locate it on a map or globe.	<b>15</b> How many words can you and your child make from the letters in the word OCTOBER?	<b>16</b> Watch the news on TV with your child. Find a newspaper article on one of the stories and compare the two.	<b>17</b> Today, have your child keep track of everything he eats. What one change would make his diet more nutritious?
<b>18</b> Let your child plan dinner tonight. How many food groups can she include?	<b>19</b> Play Alphabet Mixup. Choose a word and put the letters in alphabetical order. Can your child figure out the word?	<b>20</b> Ask your child to calculate the average age of your family members. Add up ages and then divide by number of people.	<b>21</b> If your child could be a famous person in history, who would he want to be? Why?	<b>22</b> Let your child see you keep your temper when you are angry. Instead of yelling, calmly talk about how you feel.	<b>23</b> Tonight at dinner, put a price on each item you serve. Have your child figure out the total cost of the meal.	<b>24</b> Have your child use the Internet to research events that occurred on the day she was born.
<b>25</b> Make a leaf rubbing. Place a leaf on newspaper. Cover with thin paper and have your child rub with a crayon.	<b>26</b> Talk with your child about a choice you've made and about the consequences of that choice.	<b>27</b> It's Theodore Roosevelt's birthday. Look up facts about this president and protector of the environment.	<b>28</b> Have your child read to you as you're cleaning up after supper. Or read to your child as he cleans up!	<b>29</b> Find pictures of people. Ask your child to write funny captions about what they are thinking or doing.	<b>30</b> Let your child invite a friend over. Pop some popcorn or make ice cream sundaes.	<b>31</b> Play a game of charades with your child. Use hand gestures and motions to act out your word.

# Parent Pointers

## Calendar

Desert Star School



THE PARENT INSTITUTE®

### Parent Pointers Calendar

Middle School Parents *still make the difference!*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>October 2015</b>						
<b>4</b> Test observation skills with your child. Challenge each other to describe someone you just passed on the street.	<b>5</b> Learn about special events at the school. Make plans to attend at least one this month.	<b>6</b> Read a textbook assignment with your child. Then ask him to tell you about it in his own words.	<b>7</b> Don't label your child (Sue is the shy one). Kids tend to live up to roles cast for them by their parents.	<b>8</b> Tell your child that you believe he can succeed. He'll be more likely to do so.	<b>9</b> Suggest that your child write a descriptive story that includes lots of details.	<b>3</b> Find a book that describes holidays around the world. Choose a new holiday to observe, or invent one.
<b>11</b> If your child doesn't know how to do laundry, teach him. Competence makes kids feel good.	<b>12</b> Encourage your child to read the newspaper every day this week. Have him choose a cover story to discuss.	<b>13</b> Write your child's name vertically. Have her use each letter to begin a line of a poem about herself.	<b>14</b> The next time your child misbehaves, use a consequence that teaches rather than punishes.	<b>15</b> Think of synonyms for words with your child. For example, a synonym for <i>talk</i> is <i>converse</i> .	<b>16</b> When you watch TV, ask your child questions: "Did that person make a good decision?" "What would you have done?"	<b>10</b> Is your child's room messy? Set the timer for a 15-minute pick-up blitz before she gets together with friends.
<b>18</b> Bake cookies with your child. If you're doubling a recipe, have him do the math.	<b>19</b> Help your child set priorities when studying. Which assignment is most important? Due first? Most difficult?	<b>20</b> When you are having a conversation, don't talk more than 30 seconds at a time before letting your child have a turn.	<b>21</b> Limit interruptions during your child's homework time. Snack breaks are okay, though.	<b>22</b> Respect your child's privacy. It boosts self-esteem and leads to "taking control" and doing better in school.	<b>23</b> Help your child open a bank account. Explain how to keep track of deposits and withdrawals.	<b>17</b> With your child, rake leaves or pick up trash around your neighborhood to make it look nice.
<b>25</b> Enjoy some outdoor physical activity as a family today.	<b>26</b> Make a television viewing schedule for the week. Help each other stick to it.	<b>27</b> Teach your child to ask <i>who, what, when, where, why</i> and <i>how</i> when doing research.	<b>28</b> Just for fun, serve a "backwards dinner." Eat dessert first.	<b>29</b> Eliminate drinks with caffeine at night. They can deprive your child of needed sleep.	<b>30</b> Ask your child to plan and schedule a fun family night.	<b>24</b> Before your child buys something, encourage her to compare prices and return policies.
						<b>31</b> Practice your child's favorite sport with him. Playing sports can improve kids' self-esteem.