

# Parent & Child Activity Calendar

Elementary School

Desert Star School



THE PARENT INSTITUTE®

## Parent & Child Activity Calendar

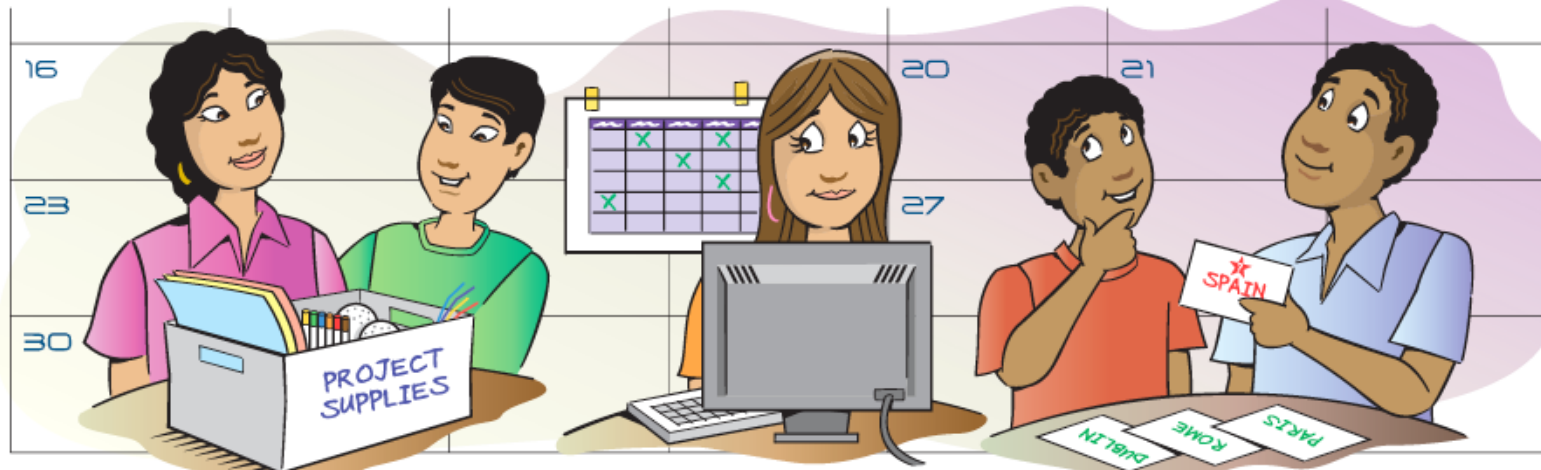
Elementary School  
**Parents**  
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> Teach a card game to your child. Play it with the whole family tonight.	<b>2</b> Ask your child what she would do if she were invisible for a day.	<b>3</b> If you don't have time to read to your kids at night, read in the morning. It's a real "power breakfast."	<b>4</b> Let your child pick a word. Together, put its letters in alphabetical order.	<b>5</b> Start a sentence-a-day story. In a special notebook, have your child write a story by adding one sentence each day.	<b>6</b> Do a crossword puzzle with your child. It's a great way to learn new words.	<b>7</b> Collect canned goods for a shelter or food bank. Take your child with you as you deliver them.
<b>8</b> With your child, learn how to count to 10 in at least three different languages.	<b>9</b> Make today "dictionary day." Talk with your child about new words that he thinks should be in the dictionary.	<b>10</b> Ask your child to pretend she's the town mayor for a day. Have her list three ideas to make your community stronger.	<b>11</b> Have your child replace adjectives on a printed ad with their opposites.	<b>12</b> When you're in the store, ask your child to figure how much tax you will be charged.	<b>13</b> Dissolve some salt and water in a glass. Watch for a few days. Talk about what happens.	<b>14</b> Squash is a native American vegetable. When you're in the supermarket, choose a new squash to try.
<b>15</b> Go for a walk or bike ride today. Challenge each other to spot something you haven't seen before.	<b>16</b> Post a new vocabulary word and its definition on the bathroom mirror. Change it every three or four days.	<b>17</b> Have your child hold his nose while he eats. Does it affect the taste of the food?	<b>18</b> Hum a song and see if your child can guess the name of the song.	<b>19</b> Today is the anniversary of Lincoln's Gettysburg Address. Read it aloud with your child.	<b>20</b> Encourage your child to write a thank-you note to a favorite teacher this month.	<b>21</b> Let your child stay up 30 minutes past her usual bedtime. The catch? She must use that time to read in bed!
<b>22</b> Draw a picture of a word. See if your child can guess the word. Then let your child pick a word to draw.	<b>23</b> Think of a meaningful quotation you love. Post it where your child will see it.	<b>24</b> Ask your child to guess how many times he blinks in a minute. Then check!	<b>25</b> Together, write a poem about your family. Start each line with a letter from the word FAMILY.	<b>26</b> Make a list of all the things that make your family members thankful.	<b>27</b> Watch a TV program with your child. Track the time spent on commercials vs. the program.	<b>28</b> At bedtime tonight, tell your child a story about yourself when you were her age.
<b>29</b> Have everyone in the family spend a ½ hour picking up the house. Many hands make light work.	<b>30</b> It's Mark Twain's birthday. Read one of his short stories with your child.	<h1>November 2015</h1>				

# Parent Pointers

## Calendar

Desert Star School



THE PARENT INSTITUTE®

### Parent Pointers Calendar

Middle School Parents *still make the difference!*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> Suggest that your child clean out his backpack on Sundays. He'll start the week organized.	<b>2</b> Peer pressure can be positive. Encourage group activities like sports and volunteering.	<b>3</b> When your child studies for a test, have him start at a different place in his notes every time.	<b>4</b> Take advantage of time in the car with your child. You can talk privately without interruption.	<b>5</b> Prepare a healthy snack for your child when she gets home from school. Ask her about her day.	<b>6</b> Plan an indoor "camp out." Make a tent from a blanket. Eat s'mores and read scary stories.	<b>7</b> Suggest that your child write a letter to a relative, author, lawmaker or celebrity.
<b>8</b> Ask your child to brainstorm dinner ideas for the week.	<b>9</b> Start a conversation by noticing your child's nonverbal messages. If you see a smile, say, "You seem happy."	<b>10</b> Watch the news with your child. Locate one place mentioned on a world map.	<b>11</b> When studying history, acting out past events can bring lessons to life.	<b>12</b> Let your child take over a responsibility you've previously done for him. Present it as a positive step.	<b>13</b> Encourage your child when she faces challenges. Say, "Go for it!" or, "You can do it!"	<b>14</b> Middle schoolers need time alone with their thoughts and feelings. Suggest activities your child can do alone.
<b>15</b> When your child uses the Internet, stop by to monitor—just as you pay attention to the TV programs he watches.	<b>16</b> It's Geography Awareness Week. Quiz each other on state, provincial and world capitals at dinner tonight.	<b>17</b> Ask your child to tell you what the word <i>success</i> means to her.	<b>18</b> Have your child teach you something he needs to learn for homework. It's a great way to reinforce learning.	<b>19</b> Exercise your child's memory. "What did you eat yesterday? Two days ago?" Challenge each other.	<b>20</b> Let your child invite friends to stay for a family dinner. It's a great way to learn more about her peer group.	<b>21</b> Play a game that builds math skills, such as cards, dominoes or chess.
<b>22</b> Have breakfast with your child today. Talk about what he likes best about his friends.	<b>23</b> Talk with your child about mistakes. What are some ways people can learn from their mistakes?	<b>24</b> Power struggles don't work with middle schoolers. Too much parental control causes rebellion.	<b>25</b> If your child loses items, make her responsible for replacing them. She'll learn to be more careful.	<b>26</b> At the dinner table, have each family member share something they're thankful for.	<b>27</b> Play Alphabet Mix-Up. Choose a word; rearrange the letters in alphabetical order. Can your child figure out the word?	<b>28</b> Teach your child the difference between <i>goals</i> and <i>dreams</i> . A goal is a dream with a deadline and a plan to achieve it.
<b>29</b> Go on a nature walk with your child. Notice things you have never seen before.	<b>30</b> Choose a number, then have your child list all the things he can think of that come in that number.					

# November 2015