

Activity Calendar

Desert Star School



THE PARENT INSTITUTE

Parent & Child Activity Calendar

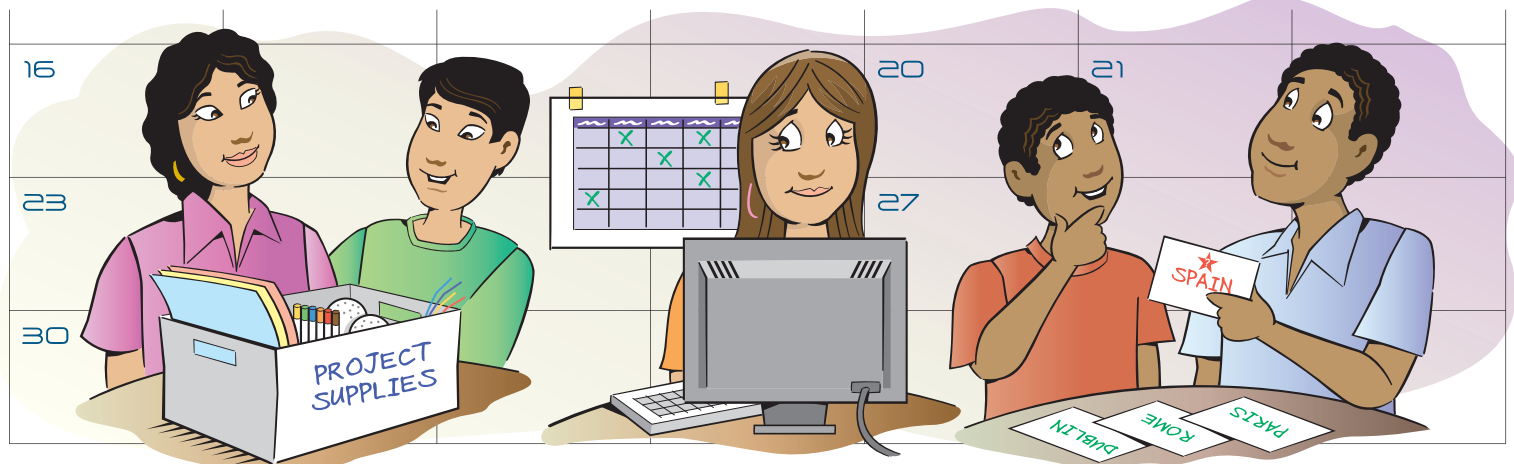
Elementary School Parents make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January 2016					1 Encourage your child to start a diary or journal this calendar year.	2 Tonight, take a walk with your child. See how many stars you can see.
3 Make a habit of using Sunday nights as a time to talk with your child about the week ahead.	4 Write a nice note to your child and tuck it in his lunch box or in a school book.	5 Talk with your child about mistakes. How can people learn from their mistakes?	6 Choose a number, then have your child list all the things she can think of that come in that number.	7 Look at a calendar and discuss how many days are in each month.	8 Plan a TV-free evening. Read, play games or listen to music instead.	9 Take your child to the library. Check out a book about animals.
10 Have your child interview people in various careers that interest her. What is a typical day like for them?	11 Pick a new word from the dictionary. Everyone try to use that word at least three times today!	12 When your child asks a question you can't answer, write it down. Keep a list of questions to look up later.	13 Have your child predict the results of flipping a coin 10 times. Try it and see if he's right.	14 Choose a news story. Cut off the headline. Challenge your child to write her own.	15 Listen to a piece of music that has no lyrics. Have your child write his own words to the song.	16 Ask your child to help you organize something, such as a closet.
17 Teach your child how to sew on a button today.	18 How would your child handle an emergency? Teach her how to call 911. What should she say?	19 Look through some "help wanted" ads with your child. What job would he want?	20 Read a poem aloud. Stop to let your child guess what the next rhyming word will be.	21 Have your child close her eyes and tell you everything she hears.	22 Give family members marshmallows and toothpicks. See who can build the tallest tower.	23 Give your child a measuring tape. Ask him to measure and record the dimensions of objects in your house.
24 Play a game of tic-tac-toe with your child.	25 Ask your child to complete this sentence: "If I had one wish, it would be ..."	26 Write fractions on cards. Mix them up. Have your child put them in order from smallest to greatest.	27 Encourage your child to be a gracious winner and a good loser.	28 Invent a word with your child. Help her write a definition as it would appear in the dictionary.	29 Make your child a pet detective. Have your child observe an animal. What does it eat? Where does it live?	30 Have a jump rope contest today. See how many jumps you and your child can do in a row.
31 Play board or card games as a family tonight.						

Parent Pointers

Calendar

Desert Star School



THE PARENT INSTITUTE®

Parent Pointers Calendar

Middle School Parents *still make the difference!*

January 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Help your child set a goal and write a plan to achieve it this year.	2 Encourage your child to start a diary or journal.
3 Start having weekly family meetings. Talk about family news and goals. Celebrate successes.	4 Strive to eat together as a family at least once every day.	5 Discuss an international news event with your child. Ask her how it affects your country?	6 Remind your child to choose friends carefully. People will judge him in part by who his friends are.	7 Encourage your child to ask at least one question in each of her classes regularly.	8 Remind your child how important it is to turn in work. Just one zero can bring down a grade an entire letter.	9 Encourage healthy eating. Allow your child to choose some fruits, vegetables and other healthy snacks at the grocery store.
10 Try to have a rhyming conversation with your child. It may be tough at first, but you'll both get better!	11 Have your child spend 10 minutes at night getting ready for the next day. Mornings will be calmer.	12 Talk to your child about social media. Does he use Facebook, Twitter, Instagram? Be sure to check his pages often.	13 "Because I said so!" may be frustrating for your child to hear. Explain your reasoning to her when possible.	14 Help your child manage homework without actually doing it for him.	15 Ask your child to draw a diagram of something she is learning in school and share it with you.	16 Make today a no-TV day. Let your child be responsible for thinking of alternate activities.
17 Invent a recipe with your child. If it doesn't work, have your child brainstorm ways to fix it.	18 Ask your child to tell you about the assignments he has due this week.	19 Create a word search for your child by hiding words in a grid and surrounding them with random letters.	20 Admit and apologize to your child when you're wrong.	21 Talk about the advertisements when you're watching TV with your child. How are they trying to persuade viewers?	22 Ask your child to figure out the average of something, such as family members' ages.	23 Check out a book on simple science experiments your child can do at home. Try one with her.
24 Thank your child for something.	25 Have your child use the letters in his name to write a poem about himself.	26 Try to remember your life as a middle schooler. It can help you relate to your child.	27 It's the birthday of Wolfgang Amadeus Mozart. Celebrate by listening to some of his music with your child.	28 Encourage your child to find out when teachers are available to give extra help.	29 If your child is having trouble starting a paper, have her write just one sentence and take a short break.	30 Spend 20 minutes on DEAR time today (Drop Everything And Read).
31 Take a walk with your child today.						