

# Activity Calendar

Desert Star School



THE PARENT INSTITUTE

## Parent & Child Activity Calendar

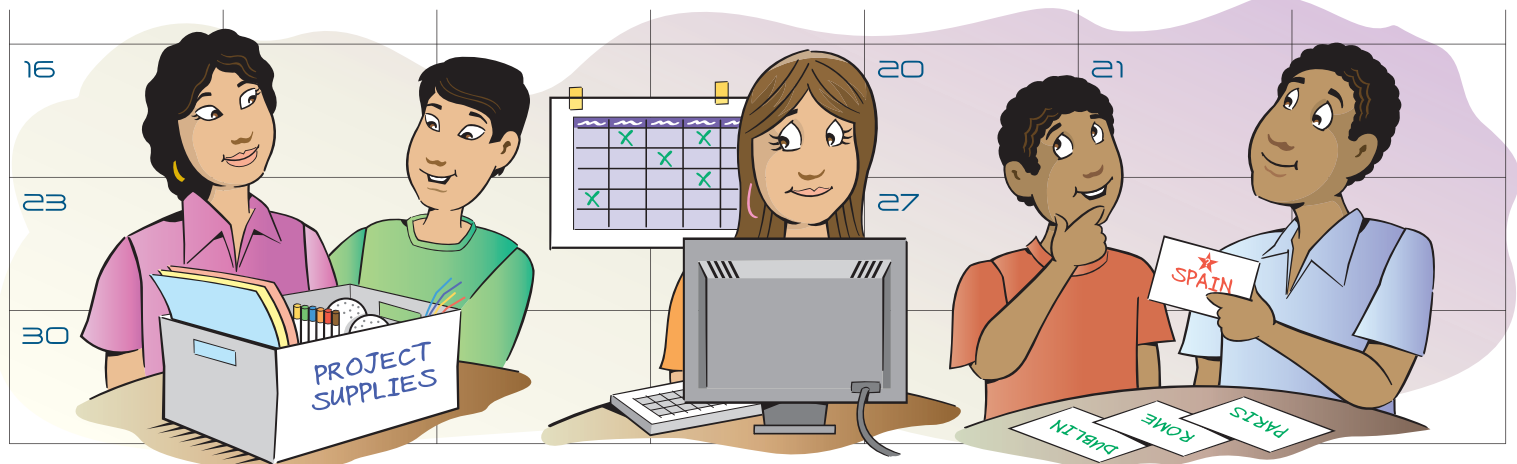
Elementary School Parents make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>January 2016</b>					<b>1</b> Encourage your child to start a diary or journal this calendar year.	<b>2</b> Tonight, take a walk with your child. See how many stars you can see.
<b>3</b> Make a habit of using Sunday nights as a time to talk with your child about the week ahead.	<b>4</b> Write a nice note to your child and tuck it in his lunch box or in a school book.	<b>5</b> Talk with your child about mistakes. How can people learn from their mistakes?	<b>6</b> Choose a number, then have your child list all the things she can think of that come in that number.	<b>7</b> Look at a calendar and discuss how many days are in each month.	<b>8</b> Plan a TV-free evening. Read, play games or listen to music instead.	<b>9</b> Take your child to the library. Check out a book about animals.
<b>10</b> Have your child interview people in various careers that interest her. What is a typical day like for them?	<b>11</b> Pick a new word from the dictionary. Everyone try to use that word at least three times today!	<b>12</b> When your child asks a question you can't answer, write it down. Keep a list of questions to look up later.	<b>13</b> Have your child predict the results of flipping a coin 10 times. Try it and see if he's right.	<b>14</b> Choose a news story. Cut off the headline. Challenge your child to write her own.	<b>15</b> Listen to a piece of music that has no lyrics. Have your child write his own words to the song.	<b>16</b> Ask your child to help you organize something, such as a closet.
<b>17</b> Teach your child how to sew on a button today.	<b>18</b> How would your child handle an emergency? Teach her how to call 911. What should she say?	<b>19</b> Look through some "help wanted" ads with your child. What job would he want?	<b>20</b> Read a poem aloud. Stop to let your child guess what the next rhyming word will be.	<b>21</b> Have your child close her eyes and tell you everything she hears.	<b>22</b> Give family members marshmallows and toothpicks. See who can build the tallest tower.	<b>23</b> Give your child a measuring tape. Ask him to measure and record the dimensions of objects in your house.
<b>24</b> Play a game of tic-tac-toe with your child.	<b>25</b> Ask your child to complete this sentence: "If I had one wish, it would be ..."	<b>26</b> Write fractions on cards. Mix them up. Have your child put them in order from smallest to greatest.	<b>27</b> Encourage your child to be a gracious winner and a good loser.	<b>28</b> Invent a word with your child. Help her write a definition as it would appear in the dictionary.	<b>29</b> Make your child a pet detective. Have your child observe an animal. What does it eat? Where does it live?	<b>30</b> Have a jump rope contest today. See how many jumps you and your child can do in a row.
<b>31</b> Play board or card games as a family tonight.						

# Parent Pointers

## Calendar

Desert Star School



THE PARENT INSTITUTE®

### Parent Pointers Calendar

Middle School Parents *still make the difference!*

## January 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> Help your child set a goal and write a plan to achieve it this year.	<b>2</b> Encourage your child to start a diary or journal.
<b>3</b> Start having weekly family meetings. Talk about family news and goals. Celebrate successes.	<b>4</b> Strive to eat together as a family at least once every day.	<b>5</b> Discuss an international news event with your child. Ask her how it affects your country?	<b>6</b> Remind your child to choose friends carefully. People will judge him in part by who his friends are.	<b>7</b> Encourage your child to ask at least one question in each of her classes regularly.	<b>8</b> Remind your child how important it is to turn in work. Just one zero can bring down a grade an entire letter.	<b>9</b> Encourage healthy eating. Allow your child to choose some fruits, vegetables and other healthy snacks at the grocery store.
<b>10</b> Try to have a rhyming conversation with your child. It may be tough at first, but you'll both get better!	<b>11</b> Have your child spend 10 minutes at night getting ready for the next day. Mornings will be calmer.	<b>12</b> Talk to your child about social media. Does he use Facebook, Twitter, Instagram? Be sure to check his pages often.	<b>13</b> "Because I said so!" may be frustrating for your child to hear. Explain your reasoning to her when possible.	<b>14</b> Help your child manage homework without actually doing it for him.	<b>15</b> Ask your child to draw a diagram of something she is learning in school and share it with you.	<b>16</b> Make today a no-TV day. Let your child be responsible for thinking of alternate activities.
<b>17</b> Invent a recipe with your child. If it doesn't work, have your child brainstorm ways to fix it.	<b>18</b> Ask your child to tell you about the assignments he has due this week.	<b>19</b> Create a word search for your child by hiding words in a grid and surrounding them with random letters.	<b>20</b> Admit and apologize to your child when you're wrong.	<b>21</b> Talk about the advertisements when you're watching TV with your child. How are they trying to persuade viewers?	<b>22</b> Ask your child to figure out the average of something, such as family members' ages.	<b>23</b> Check out a book on simple science experiments your child can do at home. Try one with her.
<b>24</b> Thank your child for something.	<b>25</b> Have your child use the letters in his name to write a poem about himself.	<b>26</b> Try to remember your life as a middle schooler. It can help you relate to your child.	<b>27</b> It's the birthday of Wolfgang Amadeus Mozart. Celebrate by listening to some of his music with your child.	<b>28</b> Encourage your child to find out when teachers are available to give extra help.	<b>29</b> If your child is having trouble starting a paper, have her write just one sentence and take a short break.	<b>30</b> Spend 20 minutes on DEAR time today (Drop Everything And Read).
<b>31</b> Take a walk with your child today.						