

Parent & Child Activity Calendar

Elementary School

Desert Star School



THE PARENT INSTITUTE®

Parent & Child Activity Calendar

Elementary School
Parents
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Take a walk with your child. Practice using all five senses to describe the world around you.	2 It's Groundhog Day. How many words can your child make from the letters in GROUNDHOG?	3 Have your child name five foods that are healthy. Now have her name two foods that taste good but are not healthy.	4 Have each family member write a funny sentence. Put them together to make a story.	5 Look for a free concert or play you can attend with your family.	6 Start a list of places your family would like to visit. Have your child do research to obtain information about these places.
7 Tuck a Valentine in your child's lunch every day this week. Write a special "I love you" message on each.	8 Watch the news with your child. Choose a person of the week. Together, read more about that person.	9 Does your child need new books? Help him organize a neighborhood book swap.	10 With your child, estimate how many bowls of cereal you can pour from one box. Keep track until the box is empty.	11 Tell your child a riddle. "I love to bark and wag my tail. What am I?" Ask her to make up a riddle for you.	12 Figure out the average of something with your child, such as family members' ages.	13 Visit the library. Check out a book about a famous woman.
14 Remind your child that you enjoy his company and let him know you love him.	15 Have your child fill a container with water. Pour it into a shorter, wider container. Does the quantity of water look different?	16 Teach your child how to take her pulse. Then have her jump up and down 50 times and take it again.	17 Keep paper and pen handy when watching TV. Have your child jot down five new words. Look them up later.	18 Have your child design a new cover for a much-loved book.	19 In 1473, astronomer Nicolaus Copernicus was born. Ask your child to draw a picture of the solar system.	20 Keep the TV turned off today. Let your child choose alternate activities.
21 Turn chores into a game. Assign each chore a number and have your child roll a die to see which one she gets.	22 It's the birthday of George Washington. How many facts can your child list about this famous president?	23 Have your child draw a window picture. He can look out the window and draw what he sees!	24 Look for a TV program on science or history. Watch it with your child.	25 Stand your child against a wall. Use a spoon as a ruler and see how many "spoons" tall she is.	26 Make up trivia questions about your family. Quiz one another at the dinner table.	27 Have a 20-minute D.E.A.R. time (Drop Everything And Read).
28 Have everyone in the family spend 30 minutes picking up the house. Many hands make light work.	29 Talk to your child about the definition of a leap year—a year with one extra day inserted into February.	<h1>February 2016</h1>				