

# Parent & Child Activity Calendar

## Elementary School

Desert Star School



THE PARENT INSTITUTE®

### Parent & Child Activity Calendar

Elementary School  
**Parents**  
make the difference!

| Sunday  | Monday   | Tuesday  | Wednesday   | Thursday  | Friday  | Saturday   |
|---|--|--|---|---|---|--|
|   | <b>1</b> Take a walk with your child. Practice using all five senses to describe the world around you.                                     | <b>2</b> It's Groundhog Day. How many words can your child make from the letters in GROUNDHOG?               | <b>3</b> Have your child name five foods that are healthy. Now have her name two foods that taste good but are not healthy. | <b>4</b> Have each family member write a funny sentence. Put them together to make a story.                           | <b>5</b> Look for a free concert or play you can attend with your family.   | <b>6</b> Start a list of places your family would like to visit. Have your child do research to obtain information about these places. |
| <b>7</b> Tuck a Valentine in your child's lunch every day this week. Write a special "I love you" message on each.      | <b>8</b> Watch the news with your child. Choose a person of the week. Together, read more about that person.                               | <b>9</b> Does your child need new books? Help him organize a neighborhood book swap.                         | <b>10</b> With your child, estimate how many bowls of cereal you can pour from one box. Keep track until the box is empty.  | <b>11</b> Tell your child a riddle. "I love to bark and wag my tail. What am I?" Ask her to make up a riddle for you. | <b>12</b> Figure out the average of something with your child, such as family members' ages.                      | <b>13</b> Visit the library. Check out a book about a famous woman.  |
| <b>14</b> Remind your child that you enjoy his company and let him know you love him.                                   | <b>15</b> Have your child fill a container with water. Pour it into a shorter, wider container. Does the quantity of water look different? | <b>16</b> Teach your child how to take her pulse. Then have her jump up and down 50 times and take it again. | <b>17</b> Keep paper and pen handy when watching TV. Have your child jot down five new words. Look them up later.           | <b>18</b> Have your child design a new cover for a much-loved book.   | <b>19</b> In 1473, astronomer Nicolaus Copernicus was born. Ask your child to draw a picture of the solar system. | <b>20</b> Keep the TV turned off today. Let your child choose alternate activities.  |
| <b>21</b> Turn chores into a game. Assign each chore a number and have your child roll a die to see which one she gets. | <b>22</b> It's the birthday of George Washington. How many facts can your child list about this famous president?                          | <b>23</b> Have your child draw a window picture. He can look out the window and draw what he sees!           | <b>24</b> Look for a TV program on science or history. Watch it with your child.  | <b>25</b> Stand your child against a wall. Use a spoon as a ruler and see how many "spoons" tall she is.              | <b>26</b> Make up trivia questions about your family. Quiz one another at the dinner table.                       | <b>27</b> Have a 20-minute D.E.A.R. time (Drop Everything And Read).   |
| <b>28</b> Have everyone in the family spend 30 minutes picking up the house. Many hands make light work.                | <b>29</b> Talk to your child about the definition of a leap year—a year with one extra day inserted into February.                         | <h1>February 2016</h1>   |   |   |   |  |