

# Parent & Child Activity Calendar

Elementary School

Desert Star School



THE PARENT INSTITUTE®

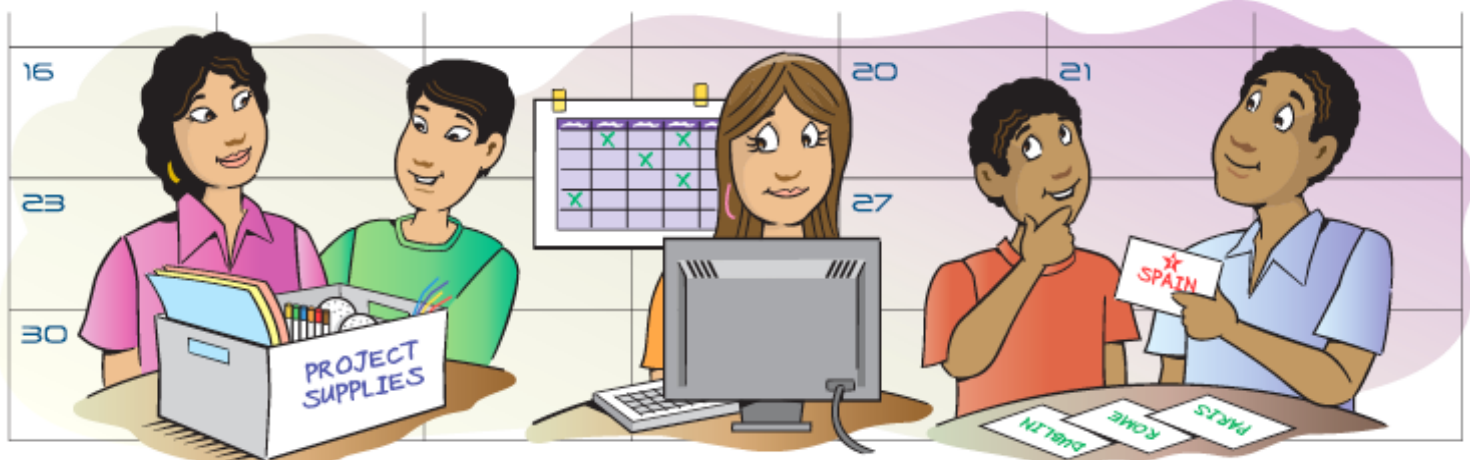
## Parent & Child Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> September is Library Card Sign-up Month. Make sure everyone in your family has a library card.	<b>2</b> A good breakfast helps kids learn. Make sure your child starts his day with a healthy breakfast at home or at school.	<b>3</b> Talk with your child about why students who do homework earn better grades.	<b>4</b> Try to find a county fair or autumn festival nearby. Plan a trip.	<b>5</b> Suggest that your child clean out her backpack every weekend. She'll start the week organized.
<b>6</b> Have a "goodbye to summer" picnic today. Talk with your child about the great times you had together over the summer.	<b>7</b> Have each family member set a personal weekly goal and write it down.	<b>8</b> Write a note saying something nice about your child. Tuck it where he will find it later.	<b>9</b> Talk about the best and the worst parts of your day. Make sure each family member gets a turn to talk.	<b>10</b> Make a special effort to reinforce manners today. Remind your child to say <i>please</i> and <i>thank you</i> .	<b>11</b> At dinner, talk about how family members are achieving their weekly goals. Celebrate everyone's successes.	<b>12</b> Have a "Family Night In." Pop a big bowl of popcorn. Everyone should curl up with a good book.
<b>13</b> Have fun drawing or painting blindfolded. Take turns directing one another.	<b>14</b> Help your child find her best time to do homework. Some kids are more focused right after school, others at night.	<b>15</b> Encourage your child to take risks as long as they don't affect his safety. For example, have him try a new food.	<b>16</b> Keep a library basket as home base for library books. You'll save money on overdue fines!	<b>17</b> Start a family savings jar. Everyone can decide on what the goal will be and how they will each contribute.	<b>18</b> Make sure you and your child know school rules. Get the school handbook and go over the rules together.	<b>19</b> Have your child write a letter to a friend or relative telling about the beginning of the school year.
<b>20</b> Tonight, talk with your child about the week ahead. Plan to do this every Sunday night.	<b>21</b> Have a Word of the Day. Challenge family members to use it in a sentence. Make this a daily habit.	<b>22</b> Watch the news with your child. Locate one place mentioned on a world map.	<b>23</b> Talk about three ways you used math today. Ask everyone in the family how they used math.	<b>24</b> Talk about <i>honesty</i> and why it is so important. Find examples of people who demonstrate honesty.	<b>25</b> Write your child's name vertically. Have her use each letter in her name to begin a line of a poem.	<b>26</b> Take your child out for breakfast or serve a favorite breakfast at home. Make this a regular habit.
<b>27</b> Take a walk and look for signs of fall. See if your child can identify any of the trees you pass on your walk.	<b>28</b> Have your child teach you something he needs to learn for homework. It's a great way to reinforce learning.	<b>29</b> Have a contest: Who can name the most parts of the body? (Organs count, too.)	<b>30</b> Look over your child's homework. Give compliments and helpful criticism.	<h1>September 2015</h1>		

# Parent Pointers

## Calendar

Desert Star School



THE PARENT INSTITUTE

## Parent Pointers

### Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> Let your child see you reading often. This teaches her that reading is not only important, but also fun!	<b>2</b> With your child, discuss a controversial issue. Ask, "What do you think?"	<b>3</b> Avoid criticizing your adolescent unnecessarily.	<b>4</b> Help your child decide how he'll organize his school notebooks and folders this school year.	<b>5</b> Before allowing your child to see a movie, read the reviews of it or see it yourself.
<b>6</b> Play a game with your child—cards, charades, a board game—whatever she'd like.	<b>7</b> Post a list of important school phone numbers in a handy spot near the phone.	<b>8</b> Does your child forget to bring home books? Have him post a take-home checklist inside his locker.	<b>9</b> Cut out a cartoon your child will enjoy. Leave it by her place at breakfast.	<b>10</b> Keep a map or globe visible in your home. Your child will learn a little more about the world each time she sees it.	<b>11</b> Look for opportunities to volunteer at school. Parent involvement is critical in middle school.	<b>12</b> Find a sport your child will enjoy. Physical activity is important for kids this age.
<b>13</b> Celebrate Grandparents' Day by doing something nice together for an elderly person.	<b>14</b> Ask to see a copy of each class syllabus so you know what your child will be learning this year.	<b>15</b> Improve communication with your child by being an attentive listener.	<b>16</b> Keeping track of assignments is very important in middle school. Help your child make a homework notebook.	<b>17</b> Set aside time to listen as your child tells you about each of his teachers and classes.	<b>18</b> List three of your child's successes last week. List three of your own. Post the lists where you can see them.	<b>19</b> Encourage your child to volunteer. She can learn about her community while helping others.
<b>20</b> If the sky is clear, take a walk late tonight and look at the sky. Can your child pick out any constellations?	<b>21</b> Call out words from the dictionary during breakfast. See who can spell them.	<b>22</b> Emphasize the importance of attending school regularly. Point out that attendance is also vital in the working world.	<b>23</b> Schedule regular trips to the library. Have a box or basket where you keep library books so fines don't accumulate.	<b>24</b> Remember that children learn from your actions more than your words. Focus on setting a good example.	<b>25</b> The lines of communication you open now with your child will help you through the teen years.	<b>26</b> Start a project with your child, such as repairing or building something.
<b>27</b> Enjoy some physical activity with your child today.	<b>28</b> Honor Good Neighbor Day by encouraging your child to do a good deed for a neighbor or a teacher.	<b>29</b> Look over your child's homework. Give compliments and helpful criticism.	<b>30</b> Kids who take part in extra-curricular activities do better in school. Find a school activity that interests your child.	<h1>September 2015</h1>		