

# Parent & Child Activity Calendar

## Elementary School

Desert Star School



THE PARENT INSTITUTE®

### Parent & Child Activity Calendar

Elementary School  
**Parents**  
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> May is National Physical Fitness and Sports Month. Plan to get some exercise with your child every day this month!	<b>2</b> Talk to your child about the qualities that make a true friend.	<b>3</b> Today is National Teacher Appreciation Day. Have your child write a thank-you note to a favorite teacher.	<b>4</b> Choose a number, then have your child list all the things he can think of that come in that number.	<b>5</b> When your child is struggling, remind her how she has handled tough situations in the past.	<b>6</b> Look for a community service project to do with your child. Consider donating old clothes or toys to charity.	<b>7</b> Bake cookies with your child. If you're doubling a recipe, have your child do the math.
<b>8</b> Make up a secret code with your child. Use it to write notes this week.	<b>9</b> Help your child think of an imaginary land. Together, name it and make up a story about it.	<b>10</b> Give your child opportunities to make decisions. It's a skill that gets better with practice.	<b>11</b> When your child asks you a question, show him how to find the answer for himself.	<b>12</b> Tell your child that you believe she can succeed in school.	<b>13</b> Does your child have homework to do this weekend? Make sure he schedules time to complete it.	<b>14</b> Take the whole family to the library. Be sure everyone checks out some books.
<b>15</b> Go for a walk or bike ride today. Challenge each other to spot something you haven't seen before.	<b>16</b> Let school lessons spark your imagination. Visit an educational website with your child.	<b>17</b> Correct mistakes in a positive way: "You spelled everything right except these two words. I bet you can fix them!"	<b>18</b> Talk to your child about the importance of starting the day with a nutritious breakfast.	<b>19</b> Try to give your child your undivided attention when she is talking.	<b>20</b> Review your child's attendance. Commit to getting her to school on time every day.	<b>21</b> Go for a reading picnic together. Take some books, a snack, and a blanket to sit on.
<b>22</b> Show your child how his shadow moves. Look at shadows at different times of the day. Do they change?	<b>23</b> What does your child want to be when she grows up? Ask her!	<b>24</b> Encourage your child to ask older family members about their memories of childhood.	<b>25</b> Ask the school about dates for year-end tests. Make sure your child gets enough sleep the night before each test.	<b>26</b> Talk to your child about cheating. What are reasons some people cheat? Why is cheating wrong?	<b>27</b> Teach your child to imagine how others might feel. That's called <i>empathy</i> .	<b>28</b> Mix 1 cup cornstarch and ½ cup water in a bowl. Squish it and it becomes solid. Let it sit and it turns back into a liquid.
<b>29</b> Take the Geography Challenge. Name a state, province or country. Who can call out the capital first?	<b>30</b> Today is Memorial Day. Talk to your child about what this day means to you.	<b>31</b> Ask your child to write down the lyrics to his favorite songs. He can keep them in a special notebook.	<h1>May 2016</h1>			