

Parent & Child Activity Calendar

Elementary School

Desert Star School



THE PARENT INSTITUTE®

Parent & Child Activity Calendar

Elementary School
Parents
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 May is National Physical Fitness and Sports Month. Plan to get some exercise with your child every day this month!	2 Talk to your child about the qualities that make a true friend.	3 Today is National Teacher Appreciation Day. Have your child write a thank-you note to a favorite teacher.	4 Choose a number, then have your child list all the things he can think of that come in that number.	5 When your child is struggling, remind her how she has handled tough situations in the past.	6 Look for a community service project to do with your child. Consider donating old clothes or toys to charity.	7 Bake cookies with your child. If you're doubling a recipe, have your child do the math.
8 Make up a secret code with your child. Use it to write notes this week.	9 Help your child think of an imaginary land. Together, name it and make up a story about it.	10 Give your child opportunities to make decisions. It's a skill that gets better with practice.	11 When your child asks you a question, show him how to find the answer for himself.	12 Tell your child that you believe she can succeed in school.	13 Does your child have homework to do this weekend? Make sure he schedules time to complete it.	14 Take the whole family to the library. Be sure everyone checks out some books.
15 Go for a walk or bike ride today. Challenge each other to spot something you haven't seen before.	16 Let school lessons spark your imagination. Visit an educational website with your child.	17 Correct mistakes in a positive way: "You spelled everything right except these two words. I bet you can fix them!"	18 Talk to your child about the importance of starting the day with a nutritious breakfast.	19 Try to give your child your undivided attention when she is talking.	20 Review your child's attendance. Commit to getting her to school on time every day.	21 Go for a reading picnic together. Take some books, a snack, and a blanket to sit on.
22 Show your child how his shadow moves. Look at shadows at different times of the day. Do they change?	23 What does your child want to be when she grows up? Ask her!	24 Encourage your child to ask older family members about their memories of childhood.	25 Ask the school about dates for year-end tests. Make sure your child gets enough sleep the night before each test.	26 Talk to your child about cheating. What are reasons some people cheat? Why is cheating wrong?	27 Teach your child to imagine how others might feel. That's called <i>empathy</i> .	28 Mix 1 cup cornstarch and ½ cup water in a bowl. Squish it and it becomes solid. Let it sit and it turns back into a liquid.
29 Take the Geography Challenge. Name a state, province or country. Who can call out the capital first?	30 Today is Memorial Day. Talk to your child about what this day means to you.	31 Ask your child to write down the lyrics to his favorite songs. He can keep them in a special notebook.	<h1>May 2016</h1>			